



*.....but make sure it's
unorganized!*

**CASTLEGAR HOSPICE SOCIETY IS NOT ORGANIZING A HIKE
FOR HOSPICE ON SUNDAY MAY 2ND!**

We have been told that we cannot have an organized Hike for Hospice but people are allowed to walk with up to 10 others in their cohort, bubble or whatever you call it so...

Hike in your home, your yard, wherever you choose, just don't be organized and then share your videos and pictures on the Castlegar Hospice Facebook page.

Get out your costumes-let's see some superheroes supporting hospice, make it a formal hike or create a crazy look. Make sure to include your furry friends as well.

We want to flood Facebook with pictures of support for hospice!

Use our memory sheet to show who you are hiking for or create your own.

We know that making a financial pledge is difficult for most people right now so if you can, that's great but if you can't we would like you to make a pledge to support and thank those who work and volunteer in hospice and provide essential health services in the community.

When: Sunday May 2nd starting **WHENEVER and going however long you choose!**

Where: you make the choice!

Post your photos and videos on the Castlegar Hospice Facebook Page

**For pledge sheets and memory sheets go to www.castlegarhospice.org or contact:
Suzanne Lehbauer**

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